

Recommended Packing List:

What to Bring:

- 5 Days worth of clothes (Bring a few backups just in case)
- Active or Hiking Shoes Comfortable Shoes
- An outfit that can get messy/wet
- A Hoodie or Jacket
- Reusable Water Bottle / Hydro flask
- Sunscreen
- Swimsuit
- Toiletries: Toothbrush, toothpaste, deodorant, shampoo, body wash
- Towel
- Sleeping Bag or Bedding Pillow
- Bible
- Spending Money (optional)

NOTE: Prescriptions MUST be in their prescribed bottles

What to Leave at Home:

- Knives
- Firearms or any other weapons
- any drug paraphernalia (Including e-cigs or vape)
- **Inappropriate clothing:** Anything that has foul language or poorly represents Christ